

Developing FRAIT India (Family Resilience Assessment Instrument & Tool for India)

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Introduction & Key messages:

- FRAIT measures resilience & not risk or vulnerability, it was developed, tested & delivered by HVs in Wales and enhances analysis & adds to existing HV assessments
- FRAIT offers:
 - Standardised approach to family resilience assessment & recordkeeping.
 - Opportunities for forward planning regarding available resources.
 - Provides an opening for discussion with families around resilience & protective factors.
- Resilience = Process of adapting well in challenging life experiences
- Concept helps understand why some families survive stress & adversity & go on to thrive & become stronger (Black & Lobo 2008)



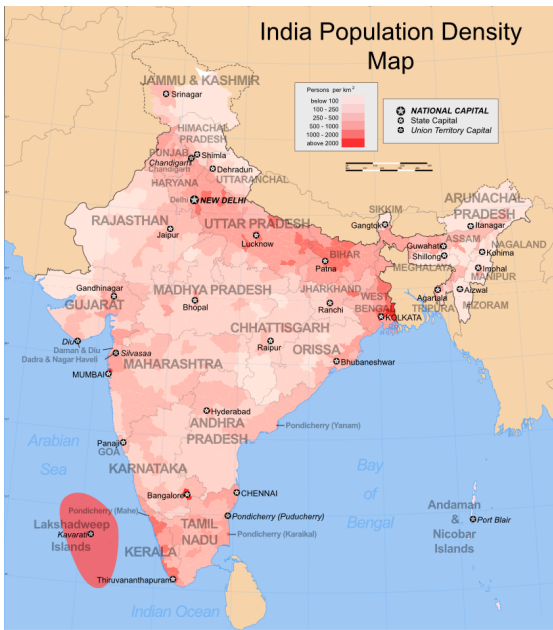
Circle the box relevant to the family's situation. Add the scores from each section to arrive at a final score. Record the final score below.

	Responsive Parenting	Family Health	Engagement	Family Support	Socio/Economic Factors
Score	Parents' childhood experience	Parental chronic health problems	Parents recognise negative habits in others	History of withstanding adversity	Financial control
6	Parental childhood experience has an entirely positive impact on the child's needs	Parental chronic health problems have no impact on the child's needs or parents have no chronic health problems	Parents always recognise the negative impact of dysfunctional behaviour in others on their family	History of being entirely able to withstand adversity	Always able to meet regular & unexpected financial demands
4	Parental childhood experience has a mainly positive impact on the child's needs	Parental chronic health problems seldom have impact on the child's needs	Parents usually recognise the negative impact of dysfunctional behaviour in others on their family	History of being mainly able to withstand adversity	Always able to meet regular financial demands but not always able to meet large unexpected financial demands
3	Parental childhood experience has led to a conflicting impact on the child's needs.	Parental chronic health problems sometimes have impact on the child's needs	Parents sometimes recognise the negative impact of others' dysfunctional behaviour on their family	Current evidence does not allow a judgement to be made about withstanding adversity.	Able to meet prioritised financial demands but forced to neglect deprioritised financial demands
2	Parental childhood experience has a mainly negative impact on the child's needs	Parental chronic health problems often impact on the child's needs	Parents usually do not recognise the negative impact of others' dysfunctional behaviour on their family	History of being mainly unable to withstand adversity	Occasionally able to meet prioritised financial demands but sometimes forced to neglect them
1	Parental childhood experience has an entirely negative impact on the child's needs	Parental chronic health problems have a constant impact on the child's needs	Parents never recognise the negative impact of others' dysfunctional behaviour on their family	History of being entirely unable to withstand adversity	Not able to meet prioritised financial demands

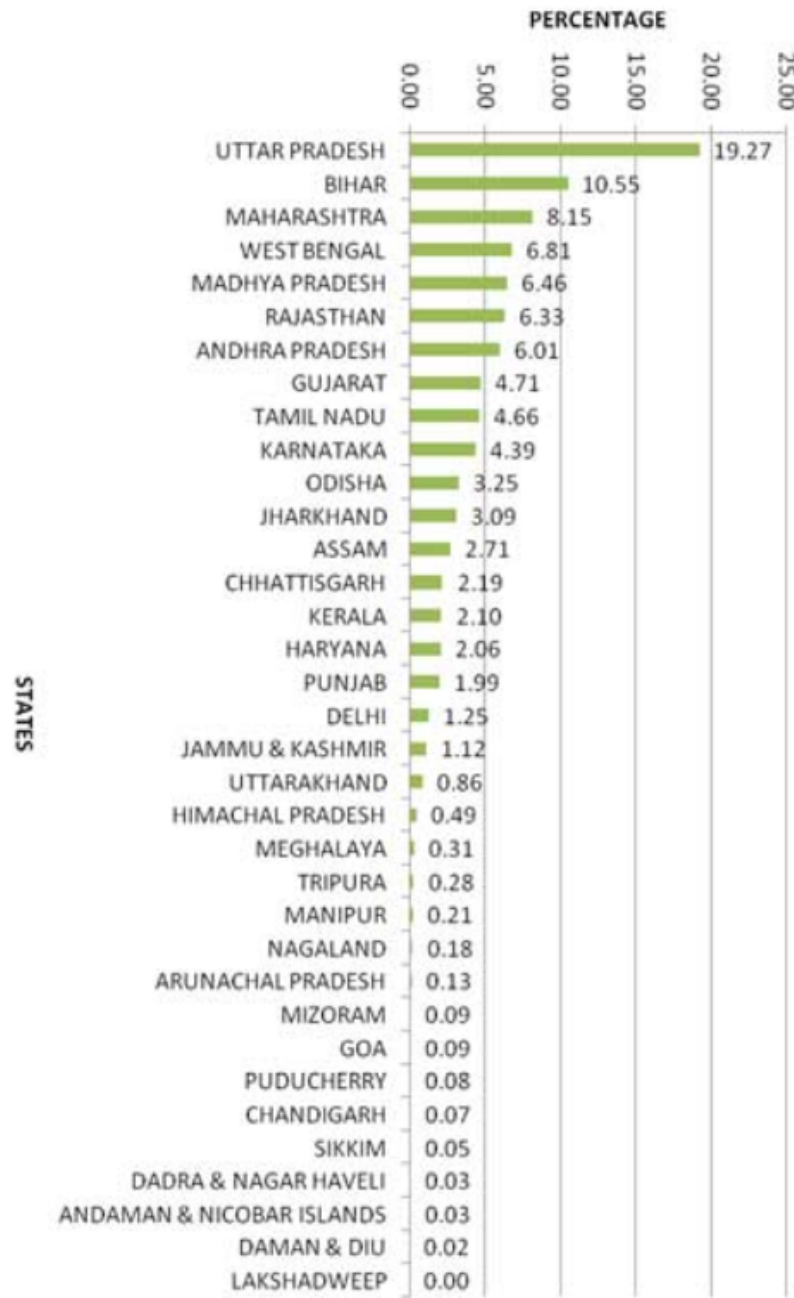
Section A: Main Parent/Carer:

My concerns are about:

	No concern	Low	Low/Med	Med	Med/High	High
1 Main Parent/Carer's physical health	[Progress bar]					
2 Main Parent/Carer is depressed/has mental health issues	[Progress bar]					
3 Main Parent/Carer's lifestyle factors	[Progress bar]					
4 Main Parent/Carer's experience of good parenting as a child	[Progress bar]					
5 Main Parent/Carer's experience of being a parent	[Progress bar]					
6 History of domestic abuse	[Progress bar]					



State wide distribution of children in India [millions]



158m children under 5yrs

FRAIT India: Policy

- United Nations Convention on the Rights of the Child
- WHO Sustainable Development Goals
- DFID India Profile: July 2018
- WHO Declaration on Primary Health Care Astana 2018
- Indian Govt National Health Policy 2017