





79% express a wish to die at home

Only half achieve this

Able and willing informal carers are key





CARiAD

CARer-ADministration of as-needed sub-cutaneous medication for breakthrough symptoms in home-based dying patients: a UK study

Is carer-administration of as-needed SC medication for breakthrough symptoms in homebased dying patients feasible and acceptable in the UK?

Outcome measures

- Feasibility
- Recruitment
- Safety
- Choice of primary outcome measure

Acceptability

- Carer and HCP experiences
- Carer preferences for medication administration





Results

The likelihood of success of a future trial is uncertain

- The intervention was (overwhelmingly) acceptable, feasible and safe in the study population.
- Faster symptom control in the intervention group.
- Carers were confident in administering SC medication.
- There is disparity between carer, and HCP, readiness to consider the intervention.

Future work should focus on wider public views, HCP views on burden and risk, the need for national policy

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